The Northport Drumshed

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DATE:_____

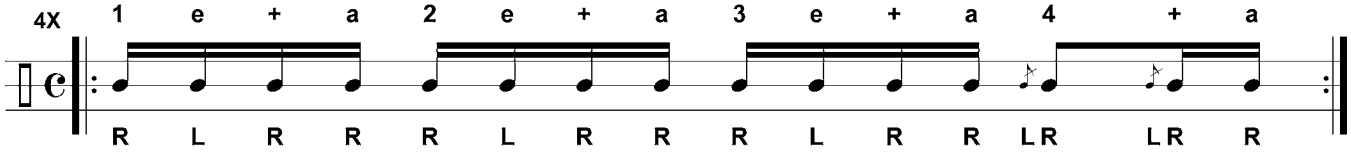
Samba-Feel Groove

Using From-Flam-2-Groove Technique

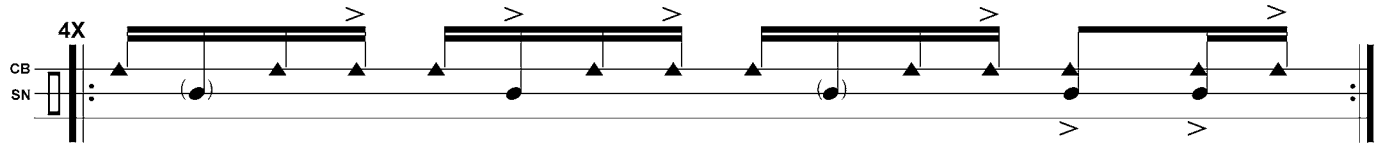
by Mike Catalano

This sheet offers an example of the *From-Flam-2-Groove* technique outlined in Dom Famularo's book *It's Your Move* pp36-38. Using this concept we take a moderately complex groove, as shown in 6 below, and break it down into simpler components for ease of understanding and learning how to play it.

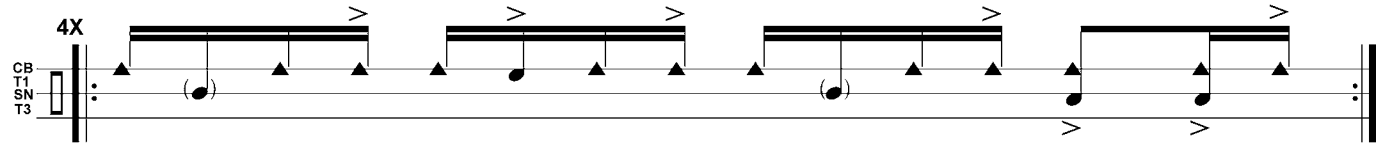
1. SINGLE SURFACE FLAM PATTERN - This is the single surface sticking pattern. Play this pattern over and over again until you are very familiar with it (if not memorize it.) Think of the first three beats' sticking as half a right-handed paradiddle RLRR RLRR RLRR



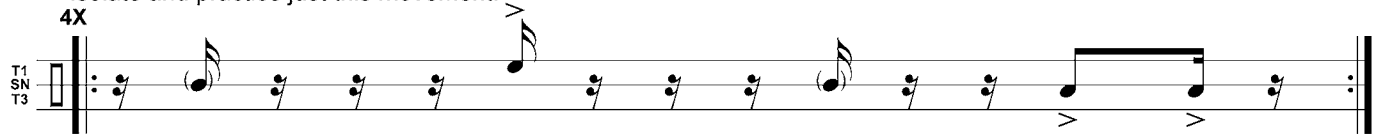
2. DUAL SURFACE - Here we split the hands between two sound sources, in this case the cowbell and the snare drum. The flams now become double-stops, simultaneous notes. The accent pattern can be practiced with 1 above. Use Moeller Pumping Motion Pull-Out > Control Stroke.



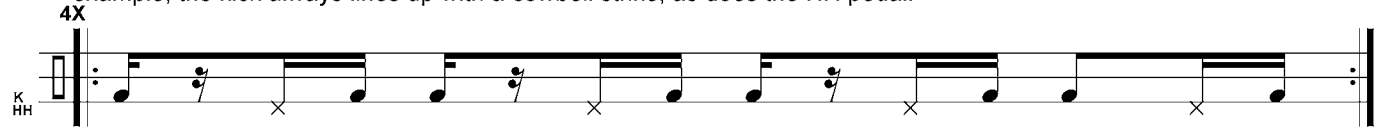
3. MULTI-SURFACE - In this step the toms replace the snare in the second and fourth beats



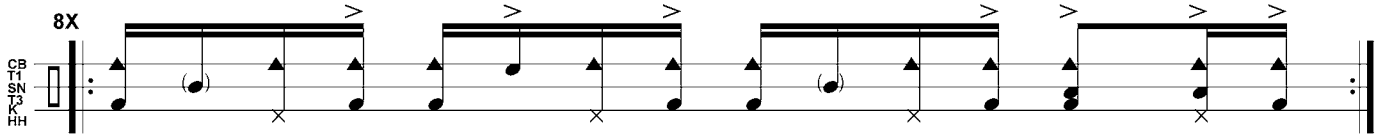
4. ISOLATE HAND MOVEMENT - Notice that the LH moves from SN up to T1, back down to SN, then across to T3. Isolate and practice just this movement.



5. FEET - The feet are playing a basic samba foot pattern. The figures in this measuer are written to line up with the notes in 2, above. It is extremely important to understand where each limb is striking in relation to the others. For example, the kick always lines up with a cowbell strike, as does the HH pedal.



6. GROOVE - Put the hands and feet together and play the groove!



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